

# DOUBLEDAY MUSIC

## ARM VIBRATO EXERCISES

### 1. SIRENS IN REST POSITION

Each finger in turn, lightly pressing on the string, move your arm up and down the string using your arm to pull the hand and fingers.

### 2. SIRENS IN PLAYING POSITION

Same as above but in playing position.

Try it without playing with the bow first.

Rest the scroll on a stand, or against the wall for added support.

### 3. SMALL SIRENS

Each finger in turn, the siren should be around a tone in pitch change.

### 4. 3 NOTE TRICK

Play any three consecutive notes. On the third, vibrate.

Start slowly and widely to begin with. After a while, the vibrato will speed up and get narrower

### NOTES

- a. Always use the arm – never the wrist or the fingers.
- b. Vibrato uses the same motion as shifts – from the arm.
- c. No more than 2 minutes of vibrato exercises without a rest break.