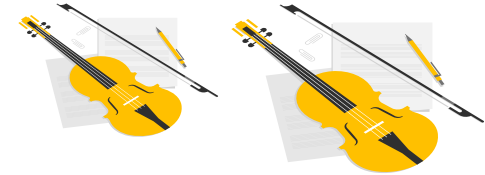




Name:.....
 Month.....



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Week 1	Pieces Scales Theory Sightreading	Pieces Scales Theory Sightreading	Pieces Scales Theory Sightreading	Pieces Scales Theory Sightreading	Pieces Scales Theory Sightreading	Pieces Scales Theory Sightreading	Pieces Scales Theory Sightreading
Week 2	Pieces Scales Theory Sightreading	Pieces Scales Theory Sightreading	Pieces Scales Theory Sightreading	Pieces Scales Theory Sightreading	Pieces Scales Theory Sightreading	Pieces Scales Theory Sightreading	Pieces Scales Theory Sightreading
Week 3	Pieces Scales Theory Sightreading	Pieces Scales Theory Sightreading	Pieces Scales Theory Sightreading	Pieces Scales Theory Sightreading	Pieces Scales Theory Sightreading	Pieces Scales Theory Sightreading	Pieces Scales Theory Sightreading
Week 4	Pieces Scales Theory Sightreading	Pieces Scales Theory Sightreading	Pieces Scales Theory Sightreading	Pieces Scales Theory Sightreading	Pieces Scales Theory Sightreading	Pieces Scales Theory Sightreading	Pieces Scales Theory Sightreading

Practice at least:

- ✓ 3 x my pieces practice per week
- ✓ 2 x my scales and arpeggios practice per week
- ✓ 1 x theory practice per week
- ✓ 1 x sight reading other music per week



When you have completed a practice, give yourself a tick next to the things you have worked on.

Practicing regularly is essential, even if it is for 10 minutes.

*The more practice you do = the quicker you will learn
 = the more fun you will have
 = the more you will achieve*